



# PERSONAL CARE KITS

## SOME IMPORTANT GUIDELINES TO REMEMBER

- Be sure to shop for light- or medium-weight towels, which are easier for Kit recipients to hand wash and air dry, take up less storage space and are considerably less expensive than the fluffier towels we may prefer to use.
- Bath towels vary in size. The 52" X 27" size listed in the guidelines is the maximum size. 20" x 40" is a good guideline for a minimum size.
- Please give new items only.
- Please do not donate items with any religious symbols, messages or your group's name.
- Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.
- Do not add other items or leave out any of the items listed.
- All items should be new and in good condition.
- Do not enclose the Kit or any of its contents in plastic bags.

## INCLUDE THE FOLLOWING IN EACH PERSONAL CARE KIT

- ONE** light-weight bath-size towel (between 20" x 40" and 52" x 27"), dark color recommended
- TWO** or three bath-size bars of soap equaling 8 to 9 oz., any brand, in original wrapping
- ONE** adult-size toothbrush in it's original packaging\*
- ONE** sturdy comb, remove packaging
- ONE** metal nail clippers (attached file optional), remove packaging

\* Toothbrush multi-packs may be used by sealing an individual toothbrush in a business-size envelope; no plastic bags or wrap

## HOW TO PACK YOUR PERSONAL CARE KITS

- Fold the towel in half. Place the rest of the items in the towel, fold and roll so nothing falls out, and secure with yarn, ribbon, string or rubber bands.
- Pack completed Kits, like items together, in boxes. Label contents in LARGE, BLOCK LETTERS on the outside of the boxes.
- Use strong cartons secured with packing tape, not to exceed 40 pounds.
- Do not use plastic or paper bags to pack donations.
- Include the name and address of your group or congregation on each box and label the contents