

INTRODUCING

From Farmer  
To You

LUTHERAN WORLD RELIEF  
**FARMERS  
MARKET**  
COFFEE

**LWR FARMERS MARKET COFFEE** is a new line of coffee sourced directly from farmers participating in Lutheran World Relief projects.

Every delicious cup helps transform poor communities that depend on their coffee crop to feed their families. Farmers get a strong up-front price for their coffee beans and a portion of the profit. With LWR Farmers Market Coffee, farmers aren't just suppliers of coffee beans, they are partners in the coffee business.

**HERE'S HOW IT WORKS:**



MEET THE FARMERS

**#SIPBOLDLY**



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# GUSTAVO SAYS COFFEE IS LIFE

Brian LaBriola for LWR

## GUSTAVO'S FARM IS TEEMING WITH LIFE.

There are dogs (including puppies), chickens, adult children, grandchildren — and there are coffee trees, which Gustavo says are the lifeblood of his farm.

“An old farmer once told me, ‘Take really good care of your coffee farm. That’s your daily bread.’” Gustavo explains.

There was a time when farming didn’t provide his family their daily bread. He says he used to work as a farm laborer, but that never met his family’s needs. So he worked hard to buy just over 8 hectares (about 20 acres) of land, on which he now grows coffee. Even then, he says, his family struggled. He used to sell his coffee to a middleman, who took most of his profits and left little for him to support his family.

With the help of people like you, Lutheran World Relief began working with Gustavo’s coffee cooperative, SOPPEXCCA, several years ago — helping farmers diversify their crops, better protect their environment and improve their coffee. Gustavo was a founding member of the cooperative and said it was founded so that farmers could get a better price for their coffee and provide for their children. He and other farmers have greatly improved their coffee crops by learning how to nurture a coffee tree so that it yields good quality cherries, how to wait for the cherries to turn bright red before picking, and now farmers have access to better processing equipment — like the wet mill Gustavo uses to remove the outer skin and pulp from his coffee cherries.

“Thanks to coffee, I now have bread for my children and grandchildren,” Gustavo says.

Whereas Gustavo used to work as a laborer on other people’s land, he now works side by side with his sons in his own coffee fields. “I’m very proud my sons don’t have to sell their labor,” he says.

To Gustavo, coffee is more than just a crop.

“Coffee gives us life. Coffee is medicine,” he says. “If the world is passing you by, enjoy a cup of coffee — then get back to it.”

Meet Gustavo and his beautiful family and visit his coffee farm at [lwr.org/coffee](https://lwr.org/coffee).

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