

# PERSONAL CARE KITS

Include the following items in each Personal Care Kit:



**x1**

One light-weight bath-size towel (between 20"×40" & 52"×27"), dark color recommended



**x2**

Two bath-size bars (4 to 5 oz.) of soap, any brand, in original wrapping



**x1**

One adult-size toothbrush in its original packaging\*



**x1**

One sturdy comb, remove packaging



**x1**

One metal nail clippers (attached file optional), remove packaging



Wrap all the items in the towel and tie securely with ribbons or yarn.

\*Toothbrush multi-packs may be used by sealing an individual toothbrush in a business-size envelope; no plastic bags or wrap



# 1 TOWEL

**FOLDED WIDTH-WISE**



LUTHERAN WORLD RELIEF

# 2 BARS OF SOAP

PLACED AT THE CENTER  
AND TOP OF THE FOLDED EDGE



LUTHERAN WORLD RELIEF

# 1 TOOTHBRUSH

PLACED ALONG THE SOAP



LUTHERAN WORLD RELIEF

# 1 COMB

PLACED ALONG THE TOOTHBRUSH



LUTHERAN WORLD RELIEF

# 1 PAIR OF NAIL CLIPPERS



LUTHERAN WORLD RELIEF

**Fold the towel in thirds over  
the items and roll tightly from  
the folded end of the towel.  
Tie or wrap securely with rubber bands.**



**Please:  
Pack all items neatly.  
Roll Kits tightly. Place completed  
Kits in the box snugly.**



**LUTHERAN WORLD RELIEF**