



LUTHERAN WORLD RELIEF



# BABY CARE KITS

## SOME IMPORTANT GUIDELINES TO REMEMBER

- Please include sizes between 6 and 24 months. Varying the sizes of the clothing items included will make the Baby Care Kit useful as the baby grows.
- Sweaters may be knitted or crocheted from leftover yarn, or made from heavy double knits or fleece. Select a pattern that suits your skill level. Preferred styles have buttons or ties down the front.
- Diapers can be made from flannel or even by recycling t-shirts. Download a Diaper Tip Sheet from our website.
- If knitting or crocheting receiving blankets, including one knitted/crocheted blanket and one flannel blanket will provide maximum versatility.
- Onesies can be cut and hemmed or serged to make a simple t-shirt.
- Gowns, rompers or top/pants sets can be substituted for sleepers.
- Gently used, clean clothing and blankets (no stains or tears) may be substituted for new ones. It is especially important that the items be in excellent condition, as used clothing is increasingly difficult to get through customs in many countries. Even one item that looks worn or stained to local officials can jeopardize the status of a whole shipment. All other items (diapers, towel, soap) in the Kit must be new.
- Please do not donate items with any religious symbols, messages or your group's name.
- Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.
- Do not add other items or leave out any of the items listed.
- Do not enclose the Kit or any of its contents in plastic bags.

## INCLUDE THE FOLLOWING IN EACH BABY CARE KIT

- TWO** lightweight cotton t-shirts (no Onesies ®)
- TWO** long- or short-sleeved gowns or sleepers (without feet)
- TWO** receiving blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, between 36" and 52" square
- FOUR** cloth diapers, flat fold preferred
- ONE** jacket, sweater or sweatshirt with a hood, or include a baby cap
- TWO** pairs of socks
- ONE** hand towel, dark color recommended
- TWO** or three bath-size bars of gentle soap equaling 8 to 9 oz., any brand, in original wrapping; no mini or hotel size bars
- TWO** diaper pins or large safety pins

## HOW TO PACK YOUR PROJECT PROMISE KITS

- Wrap items in one of the receiving blankets and secure with diaper pins.
- Pack completed Kits, like items together, in boxes. Label contents in **LARGE, BLOCK LETTERS** on the outside of the boxes.
- Use strong cartons secured with packing tape, not to exceed 40 pounds.
- Do not use plastic or paper bags to pack donations.
- Include the name and address of your group or congregation on each box and label the contents