



**LUTHERAN  
WORLD RELIEF**



## BABY CARE KITS

### SOME IMPORTANT INSTRUCTIONS TO REMEMBER

- All items **MUST** be **NEW** or **HANDMADE**. The **ONLY** exception is donated and/or thrifted items that are in “pristine” or “like-new” condition. However, socks, towels and soap **MUST** be brand-new. When Customs officials find stained, unhemmed, or worn items, they penalize LWR and won’t release the shipment to be distributed until a hefty fine is paid. Ultimately this can jeopardize the status of the entire shipment.
- Please include sizes from 6 and 24 months. Varying the sizes of the clothing items included will make the Baby Care Kit useful as the baby grows.
- Sweaters may be knitted or crocheted from leftover yarn, or made from heavy double knits. Select a pattern that suits your skill level. Preferred styles have buttons or ties down the front.
- Diapers can be made from flannel or even by recycling t-shirts. Download the Diaper Pattern from our website.
- If knitting or crocheting receiving blankets, including one knitted/crocheted blanket and one flannel blanket will provide maximum versatility.
- Onesies® **MUST** be cut and hemmed or serged to make a simple t-shirt.
- Gowns or shirt/pant sets can be substituted for sleepers.
- Please do not donate items with any religious symbols, messages or your group’s name.
- Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.
- Do not add other items or leave out any of the items listed.
- Do not enclose the Kit or any of its contents in plastic bags.

### INCLUDE THE FOLLOWING IN EACH BABY CARE KIT

- TWO** lightweight cotton t-shirts (no Onesies ®)
- TWO** long- or short-sleeved gowns or sleepers (without feet)
- TWO** receiving blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, between 32” and 52” square or rectangular
- FOUR** cloth diapers, flat fold preferred
- ONE** jacket, sweater, sweatshirt or cape with a hood, or include a baby hat
- TWO** pairs of socks
- ONE** hand towel, dark color recommended
- TWO** or three bath-size bars of gentle soap equaling 8 to 9 oz., any brand, in original wrapping; no mini or hotel size bars
- TWO** diaper pins or large safety pins

### HOW TO PACK YOUR BABY CARE KITS

- Wrap items in one of the receiving blankets and secure with diaper pins.
- Pack completed Kits, like items together, in boxes. Label contents in **LARGE, BLOCK LETTERS** on the outside of the boxes.
- Use strong cartons secured with packing tape, not to exceed 40 pounds.
- Do not use plastic or paper bags to pack donations.
- Include the name and address of your group or congregation on each box and label the contents